



Friday 6th June 2025
St Nicholas CE Primary Academy

Weekly Newsletter

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From the Headteacher's desk...

The Importance of PE in Our School

At our school, Physical Education (PE) is more than just a subject - it is a vital part of our children's overall development. This year, we are incredibly proud to have taken part in 16 competitive sporting events, often entering 2 or 3 teams in each event. This has meant over 300 pupils have had the opportunity to represent our school in these events, and we are delighted to share that every single one of these events have returned medal winners to our school. These successes are a testament not just to talent, but to dedication, teamwork, and resilience.

However, PE at our school goes beyond competition. We have also participated in eight non-competitive events, carefully designed to build children's confidence in sport. These inclusive activities have involved near 180 pupils - many of whom may not have typically taken part in sporting opportunities. This wide participation ensures that all children, regardless of skill level, feel valued and included in our school's sporting culture.

Why is this important? Firstly, these events encourage pupils to be physically active, often through new movements and sustained activity, supporting both physical and mental health. Secondly, through every event - whether competitive or not - our children learn the value of teamwork. They support one another, celebrate together, and learn how to face challenges as a team. And thirdly, these opportunities are fun! They allow children to reconnect with their peers, try new experiences, and enjoy activities often led by our fantastic young leaders.

In our football and rugby tournaments especially, children have had the chance to experience the thrill of competition. It is here they learn something even deeper - how to win with grace and lose with dignity. These may be traditional values, but they are essential. They build character and develop the resilience that we hope our pupils carry with them far beyond their time in primary school.

As we look ahead to an exciting term, our calendar is again full of sporting events, including our much-loved sports days. These whole school events are a celebration of everything we believe in - participation, enjoyment, and personal growth through physical activity. I hope to see many of you there, cheering on our pupils and celebrating the role PE plays in shaping happy, healthy, and confident children at St Nicholas.

Best wishes

Christopher Dale

Headteacher

Dates for your diary

JUNE

Mon 9th

- Y1 Phonics screen check all week.
- Y4 MTC checks
- iRock music classes
- Y4 -Beech class Swimming
- Pentecost service at school
- Y5/6 Girls football @Marsh Academy 12:30pm to 2:30pm

Tues 10th

- Y4 Ancient Egyptian Day
- New intake Stay & Play (week 2)1:45pm
- 1:45pm NELFT meeting for new intake parents

Wed 11th

- St Barnabas Day Church service
- Y6 Watersports Gp 2

Thurs 12th

- Kent Challenger Games at Julie Rose Stadium
- Y4 – 1:30pm French café, parents welcome.
- New intake Stay & Play (week 2)1:45pm

Fri 13th

- Y6 Parents NELFT Transition meeting at 8:45am
- Y6 NELFT meeting for pupils starting at 10am

Mon 16th

- Y4 -Beech class Swimming
- iRock music classes
- Y1 & 2 Tennis at Selindge.



"St Nicholas CE Primary Academy,
a place where pupils always come first." - **OFSTED**

