

PE Long term plan

Children who do not meet the required 25m in swimming, will have the opportunity to improve their swimming again before they leave in Year 6.

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Running and jumping	Fundamental movement skills – agility, balance and co-ordination	Games – throwing and catching	Games – kicking and passing	Team work and problem solving - OAA	Athletics
	Gymnastics	Dance	Gymnastics	Fundamental movement skills – agility, balance and co-ordination	Games – multi-skills focus	Games – striking and fielding focus
Year 2	Fundamental movement skills – agility, balance and co-ordination	Running and jumping	Gymnastics	Games – throwing and catching	Team work and problem solving - OAA	Athletics
	Dance	Gymnastics	Fundamental movement skills – agility, balance and co-ordination	Games – kicking and passing	Games – striking and fielding focus	Games – multi-skills focus
Year 3	Handball	Invasion Games - basketball	Invasion Games – Tag rugby	Invasion Games – Hockey	Striking and fielding – Cricket	Athletics
	Invasion Games - Football	Gymnastics - floor	Dance	Gymnastics - vault	OAA	Striking and fielding - Rounders
Year 4	Gymnastics	Sportshall Athletics	Dance	Swimming	Striking and fielding - Rounders	Striking and fielding - Cricket
	Net/Wall games - Tennis	Invasion Games - football	Invasion Games - Hockey	Dance	OAA	Athletics
Year 5	Sportshall Athletics	Invasion Games – Tag Rugby	Swimming	Swimming	Striking and fielding – Cricket	Striking and fielding – Rounders
	Invasion Games - Netball	Dance	Net/Wall games - Tennis	Gymnastics	OAA	Athletics
Year 6	Athletics – circuits	Invasion Games – Tag rugby	Invasion games – Tag Rugby	gymnastics	OAA	Striking and fielding - tennis
	gymnastics	Invasion Games - Netball	Dance	Invasion games - football	Striking and fielding - Rounders	Athletics