

## **Minutes School Council November 2021 - Anti-bullying week**

This school council took place at the end of anti-bullying week with Miss Welsh setting school council some questions prior to the meeting to discuss with their classes.

### **1. What more could we do at school to prevent bullying?**

- *One lesson a term in PSHE should be used as a reminder about anti-bullying/kindness/friendship including online*
- *Make posters about kindness to go around the school*
- *Make posters reminding children what they can do if they are being bullied*
- *Speak out about it or have worry boxes in class that the teacher will look at*
- *The friendship bench / buddy area needs to be talked about again so children are clear about where it is – this could be where some wellbeing champions or playground buddies are located each day*
- *Have a couple of friendship ‘monitors’ in each class who would play with someone who didn’t have anyone to play with*
- *MDS to play with the children in games – parachute, skipping*

### **2. How can we encourage kindness in our school?**

- *Have playground buddies looking out for acts of kindness and reward it*
- *Playground buddies can support anyone looking sad*
- *Positive affirmation posters*
- *Looking at each other’s work and say what’s good about it*
- *Complements / secret angels*
- *Certificates or rewards to recognize kindness*
- *We need to remember to treat others as we would wish to be treated ourselves*
- *Smile more*
- *Kindness displays around the school where we capture examples / photos of people being kind and the impact it has*

### **3. How can we improve pupil wellbeing?**

- *Have kindness cards in class – when someone has been kind to someone else, if that person wants they can fill in a card and it gets put in a jar. Once a week/term a card is pulled out for a prize*
- *Have more games on the playground – sports crew, playground buddies to run*
- *Lunchtime clubs – quiet clubs- reading, games, sit inside and chat*
- *Having spares of things in school would reduce stress (water bottles, PE kits)*
- *The morning is really long and full on for year 5/6 – need a 10minute brain break between lessons*
- *Time out area – this could be time in the lunchtime club*
- *Reflection area – continue to develop the sensory garden area / meditation area*
- *Pet – fish*

- *More adult help in the afternoons*
- *Sometimes we need longer to finish our work-it's stressful when you have to stop even if you are not finished*
- *Calm down box in class with a selection of fidget toys that you could use for a couple of minutes and then just get back on with work*
- *Homework choices*
- *Golden time once a term*
- *More art / mindfulness activities*
- *Once a term have half an hour in class to just sit down, talk and be together and enjoy each other's company*
- *Guided use of punchbags for anger*
- *Worry monsters*

**AOB:**

- *KS2 would like to be able to use the MUGA*
- *Girls really want to be able to play football without the boys ruining it just once a week*
- *There seems to be some real concerns about the length of time Years 5&6 have to work until they get a break in the morning. They find it difficult to concentrate from 8:30 – 11:15. We talked about brain breaks*

Mrs Turner will speak to SLT about these suggestions in the coming weeks.