

PSHE

Our overall theme this term is **Dreams and Goals**

This week in PSHE we are thinking and talking about:

Using kind words to help others.

Ask your child how they have felt when hearing someone saying unkind words or looking really sad.

Maybe they have had an experience that has made them feel sad because someone was unkind to them.

Then have a think about how it feels when someone says something nice to you?

What things could we say to others that will make them feel good? What kind words do you think would help your friends or a family member?

Could you think of something that is good about the members of your family and can someone in your family think of something good about you.

How do we all feel hearing something nice about ourselves? Can we remember this feeling and use it to say kind things to others to help them.

Let's be Kind

A Compliment is a nice and friendly thing to say to someone.

